Evidence for impact: International and local perspectives on improving outcomes for children and young people.

A ONE DAY SYMPOSIUM



### Stream 1:

# Place-based approaches using data for systems improvement







A ONE DAY SYMPOSIUM



### **Rob Kennedy**

Principal Adviser, Vulnerable Children's Reform Unit, Department of Health and Human Services and Department of Education and Training

Children and youth area partnerships

#evidence4impact



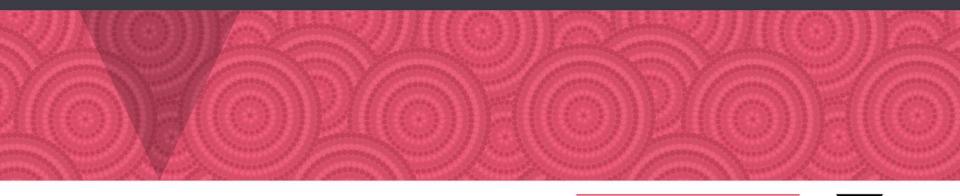






# Place-based approaches using data for systems improvement

Children and Youth Area Partnerships Rob Kennedy 29 June 2017







### Children and Youth Area Partnerships

### Why

Initiative was triggered by the recognition that existing approaches were not working and that there was a need to do things differently.

#### Purpose

For all children and young people to grow-up happy, healthy, resilient, engaged and able to reach their potential.

#### Focus

Improving outcomes in two areas:

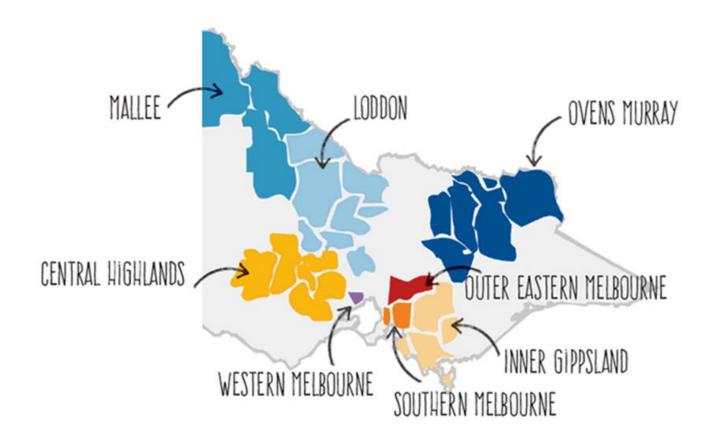
- learning and development, from cradle to career
- safe and supportive homes and communities.

### **Common challenge**

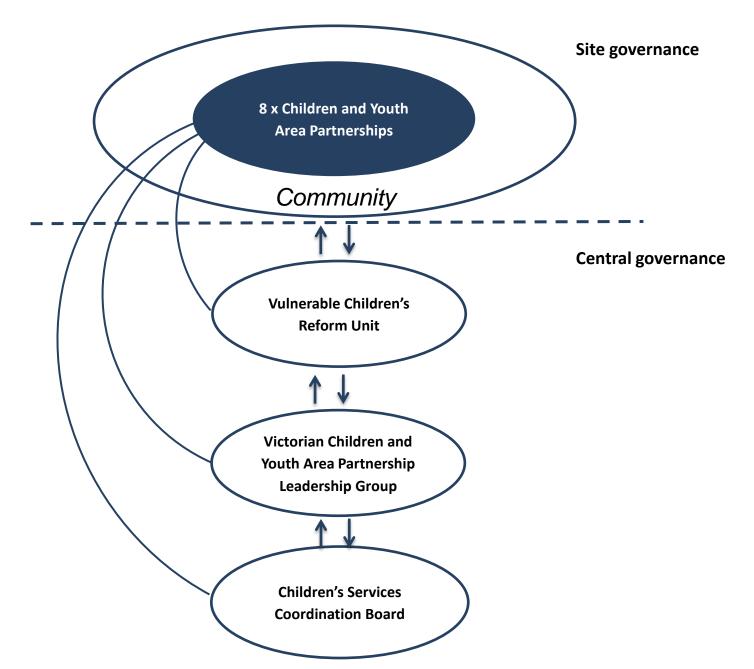
20%	of children are developmentally vulnerable on one or more AEDC domains at school entry
47%	increase in the rate of children in out- of-home care over a five year period
12%	of Victorians aged 19 years have not completed year 12 or equivalent
14.6 x	more likely for Aboriginal children to be in out-of-home care than non-Aboriginal children
96%	increase in child protection substantiation rate over a five year period
<b>67%</b>	increase in family violence reports over a four year period where children were present 2

Children and Youth Area Partnerships: Where

#### **Eight Area Partnerships have been established across Victoria**



#### **Governance structure**



### Area Partnerships: How they work

#### **Collective impact framework**

- Structured approach to collaboration to tackle complex problems and achieve social change.
- Brings together diverse partners governments, community, health, education and justice sectors, academia, business, philanthropy, communities, and those with lived experience.
- Leverages all community resources and assets to make change.

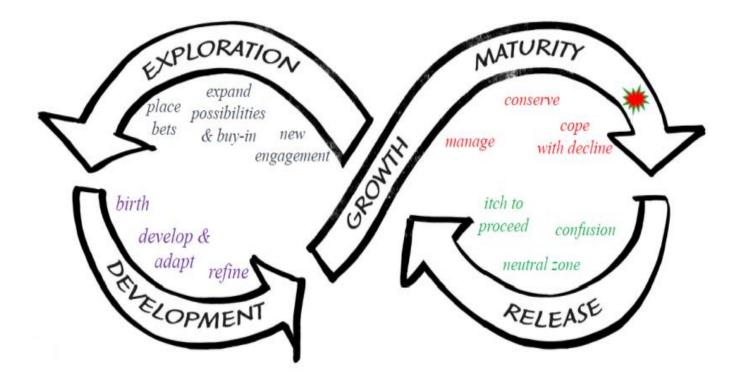
#### Five elements of Collective Impact:

Common	Developed with diverse partners
agenda	that reflects shared aspirations and
	responsibilities of the local
	community.
Strategic	Collect data and evidence to
learning and	monitor the impact of strategies,
measurement	reflecting on what is working and
	what is not to inform next steps.
High leverage	Concentrate efforts on strategies
activities	that can have the biggest impact.
Community	Build broad ownership and
engagement	commitment to the work by being
and	genuine, open and consistent with
communication	all involved.
Backbone	Supports the collaboration with the
infrastructure	right skills, knowledge and resources
	to achieve agreed priorities

### Area Partnerships: How they work

#### **Adaptive cycle**

Collective impact work is adaptive ....



### Learning, Measurement and Reporting System for Area Partnerships

#### CHALLENGE

Includes challenges expressed in terms of:

#### **ELEMENTS**

Priority/Domain (if relevant)
Desired outcome(s)
Indicators (long term)
Problem definition

#### **SUGGESTED INPUTS**

- •Data (quantitative and qualitative)
- Research
- •Broad perspectives, including lived experience
- Positive deviance
- •'Deep dive'

#### STRATEGY

#### ELEMENTS

• Rationale/drivers or causes of challenge

Theory of change
Strategies ('Opening move') and high leverage activities

Activity indicators
 (short/medium term)

#### SUGGESTED INPUTS

• Data (quantitative and qualitative)

Research

Broad perspectives, including lived experience
Mapping

Co-design

#### **IMPACT & LEARNING**

#### ELEMENTS

•Learnings – what's happening, what's working, what's not, what needs to change, what barriers or issues are identified, case studies

•Refined strategies and actions in response to learnings

•Understanding contribution (method as required)

#### SUGGESTED INPUTS

- •Data (quantitative and qualitative)
- Indicators
- •Most significant change
- •Broad perspectives, including lived experience

#### TRANSLATING THE LEARNING FOR BROADER IMPACT

#### ELEMENTS

Scaling – up, out and deep
Dissemination of learnings
Broader influence

#### SUGGESTED INPUTS

Data (quantitative and qualitative)
Evidence
Context (place-sensitivity)
Broad perspectives, including lived experience

Learning and adapting across all phases

### Key principles underpinning our approach

Use quantitative data for patterns, qualitative for insights "No data without story, no story without data"

Shared measurement is an of 'echo' of the shared agenda

We measure the impact of our work

Less is more – 'moving the needle' requires focus

We commit to 90/120 day cycles and rapid feedback loops

Combination of top-down and bottom-up approaches

We learn by doing

### Current work: Strategic learning and measurement

### **Consistent approach across Area Partnerships**

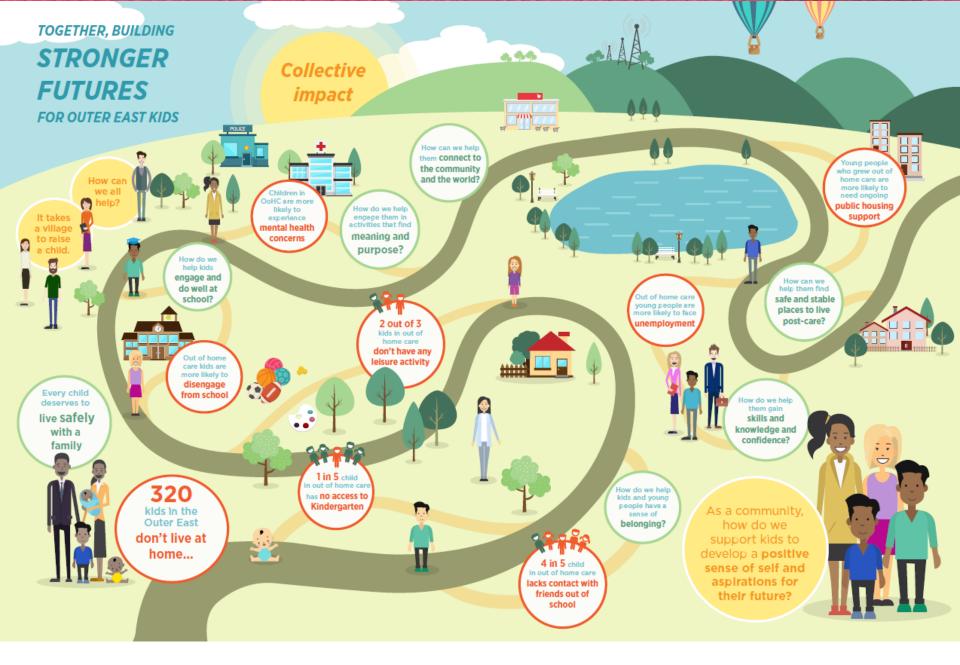
- Facilitates an initiative-wide understanding of the progress of Area Partnerships.
- Identifies:
  - themes and patterns across the work of Area Partnerships
  - innovative projects and practice
  - what is working, what is not, and why
  - the impact on children and young people
  - key issues, challenges and barriers that are impacting on the work
  - successful strategies and activities that could be scaled

#### **Purpose of Area Partnerships:**

#### All children and young people to grow up happy, healthy, resilient, engaged and able to reach their potential

FOCUS AREAS	Learning and development from cradle to career (pre-conception to 24 years)						portive homes munities
THEMATIC OUTCOMES	All children get the best start in the first 1,000 days	All children start school ready to learn	Young people at risk are supported to achieve the best outcomes	Young people leave school at the right time for the right reasons	Young people transition successfully to adulthood	Improve outcomes for those in Child Protection or Out-of-home care (OOHC)	Improve outcomes for those at risk of entering the Youth Justice system
CENTRAL HIGHLANDS				Improve Year 12 completion (or equivalent) rate from 78% to 100% by 2030			
INNER GIPPSLAND	All children are supported by strong, confident families, communities and services		<ul> <li>Strong services, systems and communities</li> <li>Better identification of, and responses for, those who have experienced trauma</li> </ul>			<ul> <li>Voice of those in OOHC is heard and informs decisions</li> <li>All children in OOHC start school ready to learn</li> <li>All children and young people in OOHC are attending education</li> </ul>	Reduce the number of young people entering the youth justice system
LODDON		All children start school ready to learn				Better outcomes for children in OOHC (early years, school)	
MALLEE			Reduce teenage pregnancy and provide better support for teenage parents and their children				
OUTER EASTERN MELBOURNE						<ul> <li>Prevent children from entering care</li> <li>Better educational outcomes for those in OOHC</li> <li>Better outcomes for those leaving care</li> </ul>	
OVENS MURRAY		All children start school ready to learn					
SOUTHERN MELBOURNE			Young people at risk attend school every day			Better outcomes for children in OOHC (health, participation, early years and education)	Prevent offending among young people at risk
WESTERN MELBOURNE		All children start school ready to learn			Young people leave school and actively contribute to their community	<ul> <li>Improved outcomes for children in OOHC</li> <li>Children are not abused or neglected</li> </ul>	

Thematic and agreed site-based outcomes for Children and Youth Area Partnerships, June 2017



A ONE DAY SYMPOSIUM



### Jane Anderson

Regional Director Gippsland, Anglicare Victoria

Local solutions driven by co-design and evidence

#evidence4impact









### LOCAL SOLUTIONS DRIVEN BY CO-DESIGN AND EVIDENCE

### JANE ANDERSON

29<sup>th</sup> June 2017



### Anglicare Victoria

Anglicare Victoria's vision is to resource and empower children, young people and families to achieve their full potential through:

- the provision of quality innovative services for children and young people;
- · supporting vulnerable families; and
- the promotion of social justice.

We exist to protect the vulnerable Victorians in our community – a child suffering from abuse, a homeless young person, a woman escaping domestic violence, an impoverished couple unable to feed their family – people who desperately need help.

Everything we do is done to prevent, protect and empower disadvantaged Victorian children, young people and families. We have assisted more than 80,000 members of the community to find brighter futures and better tomorrows.

Anglicare Victoria employs over 1,300 staff and enjoys the support of over 2,000 dedicated volunteers.



### The starting point

### **OUR PRIORITY AREA**

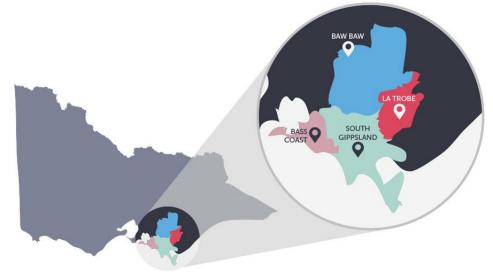
Support our families to keep children safe and secure



#### WHY

In the Inner Gippsland area we have an increasing rate of child abuse, neglect and family violence. We know that from evidence to address the vulnerabilities we need to focus on:

- intervening early to support families that would benefit from extra help and resources
- Increasing access by investing in high quality health care
- Increasing access to early learning opportunities for the most disadvantaged families and children
- Parental services that support the development of strong parent-child relationships and strengthen parental wellbeing, enhancing parental coping and reducing negative stress on family relationships



### Evidence – anecdotal

#### Stories from the system

#### WHAT WE HEARD

- Report Trends increasing but not as rapidly as 3 plus years ago
- Substantiations sit at around 60% of cases which proceed to investigation
- Family Violence (the most significant issues) often co-occurring with AOD and Mental health
- Entry into child protection is most prominent in the early years
- Unborn reporting on the rise (an opportunity for CYAP!!)
- Aboriginal overrepresentation in the early years in Inner Gippsland increasing with an age inverse (very young parents)
- Educational engagement (problems upper primary)
- Tricky adolescents: often perpetrators of violence within family
- Simplistic referrals / interventions do not yield good outcomes
- · Complexity of issues facing families
- Increase need to move MCH to outreach model of service delivery which is hard to sustain due to funding model
- Local Government play a strong coordinating and planning role, with early years, health, wellbeing, education and disability plans
- Generational poverty, unemployment and trauma call for robust multiple lens interventions
- Skills and capability of staff is critical to the outcomes
- Equity of services: where are they delivered
- Children want to have fun: Family want easier access to services
- Important for us to take a strength based approach: learn from what is working



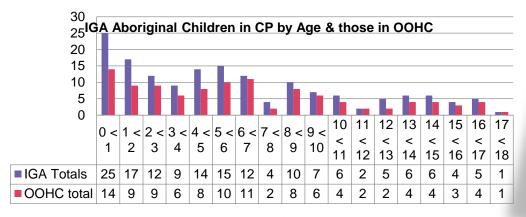
### Evidence – data

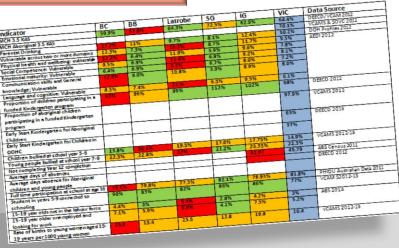
In 2015-16 reports to child protection in Inner Gippsland is around 5600 a growth rate of around 10%. In the 5 years the growth has been 66%

Family Violence, mental health, AOD issues are significant contributing factor

Since 2011/12; there has been a 62% increase of children under 4 entering OOHC

#### Aboriginal children are over-represented in OOHC





Health and W	(ellbeing	of Families					Anterior a
Parental Drinking	BC	BB					Animalian Barly Development (Sense (Senseria) & A
Parental Mental Health	17.2%	11%	Latrobe	SG 8.1%	IG	VIC	
History of Mental illness of parents Gambling problems in family Parent with	7%	9.4%	9.3%	0.170	12.4%	10.2%	Data Source DOH Profiles 2012
Parent Witness to violence History of abuse child(cen)	NDP 3.6%	1%	1.3%	9,1% NDP	8.9%	6.5%	
ristory of abuce to an	NDP	4.2%	5.2% 2.4%	3.9%	1.1%	1.1%	SEHQ 2013
family	5.1% 5%	3.9%	5.1%	NDP 3.6%	1.7%	3,2%	
Family Violence incidents	488	2.970	7,1%	4.1%	4.5%	3.3%	
Family violence rates per 100,000 population	1079,5	552 1976.4	2044	318		3.7%	
Family violence children present rates per 100,000	475,6		2767.9	1025.5	3402	1129.2	Vic Pol 2013-14
Levels of food security	9750	794,8	989,9	428.9	730.9		
children in families where the mother has low educational and	19.2%				730,9	387.6	1
children living in a family of mass	20 -14	21.8%	28.3%	20.4%	22.43%		
assavantage	38.7%	4.1%	49.7%	2.5%		17%	PHIDU Australian Data 2011
And the second					23.75%	18.4%	SEHQ 2013

How might we enable parents to provide the thriving environment they want for their children in their 1<sup>st</sup> 1000 days?

### We decided we would

- Take a co-design approach
- Look at a number of local places that are emerging, doing well or not doing as well
- Link with existing groups to lead locally
- Ensure we engage with families, services and communities
- Test and design in 3-4 areas (one with a focus on Aboriginal families)

### Evidence – still more

#### Density of Effort

What do we currently provide and support for families and children in the First 1000?

Do we have any gaps or duplications in our efforts? The mapping of the services in our local area:

the what, where, who and the intensity of service delivery

#### Reflections

- Minimal service that span across pre-natal to 2 years
- Large differences in where specialised services are delivered
- Gaps in coverage particularly in rural areas



- Minimal supports for vulnerable families in the pre-natal space
- Many of service target mothers (not many target fathers)
- Lots of different programs being delivered

Full map attached to meeting report

	Intensity of Service	Universal	Targeted	Intensive
	Funders	DET, LG, Health	DET & DHHS	DHHS
	Main Providers	Local Gov Hospitals	Local Gov, QEC	Anglicare
V	Main Service type	Maternity, MCH	Supported Playgroups, Parenting Programs, EMCH	Family support
	No: Service No: Providers	10 service types 14 providers	12 service types 17 providers	15 service types 8 providers

Who are the main funders, provider, service type?

### Using a co- design approach

#### WHAT are the outcomes we are seeking

We are seeking to;

- deepen our understanding of how we can better support families and identify the protective factors that support positive wellbeing and development for our children
- develop and test new ideas, solutions and models to enable our children to thrive
- Identify models that work and shape future programs
- develop our local understanding and learnings for better implementation.

Key features of the program is as follows –

The design of the program draws from the best of adult learning methodologies, behavioural sciences and organisational psychology.



Run over 8 weeks, through a series of one dayof hands-on sessions

Participants work collaboratively to build prototype solutions for real projects



Weekly sessions are supported with follow up project work, coaching and online content



Participants test

Critial Friends.

assumptions, progress

made and ideas with





Solutions are pitched on the final week, whereafter resourcing decisions are made for pilot implementation

#### HOW we are doing the work

The Inner Gippsland Children and Youth Area Partnership is taking a co-design approach, working in partnership with stakeholders, industry experts, community and service users to solve a problem. The approach will use design techniques, research and inquiry to generate new insights and solutions to our question:

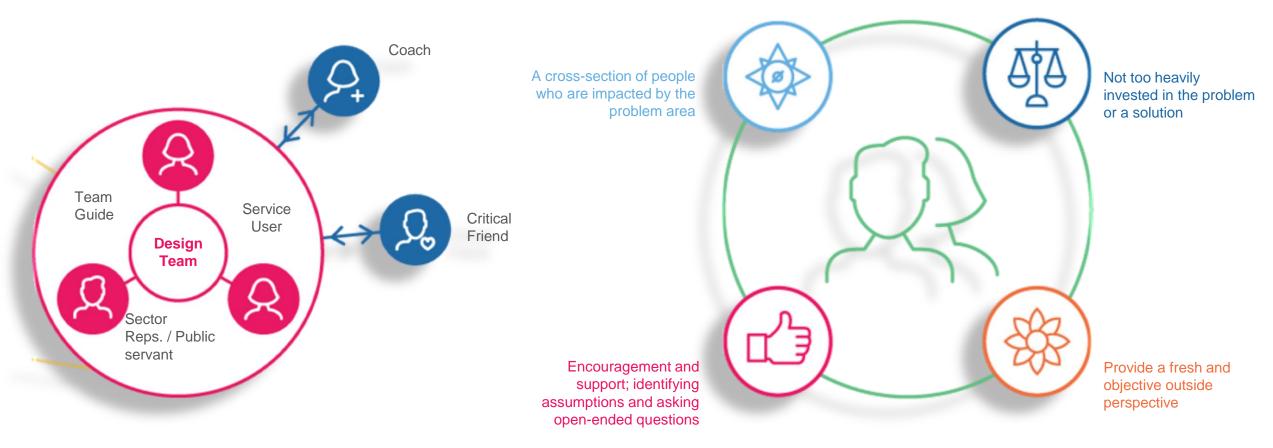
#### How might we enable parents to provide the thriving environment they want for their children in their first 1000 days?

We are building four teams in each Local Government Area (LGA) within Inner Gippsland across the LGAs of Baw Baw, Bass Coast, Latrobe and South Gippsland. Each will explore a different context or place.

Baw Baw	Bass Coast	Latrobe	South Gippsland
Families that have experienced family violence	Young Parents in Wonthaggi	Aboriginal Families	Families in Korumburra

The program will be run over four full day sessions in which the design teams will work with design specialists to build solutions for real projects.

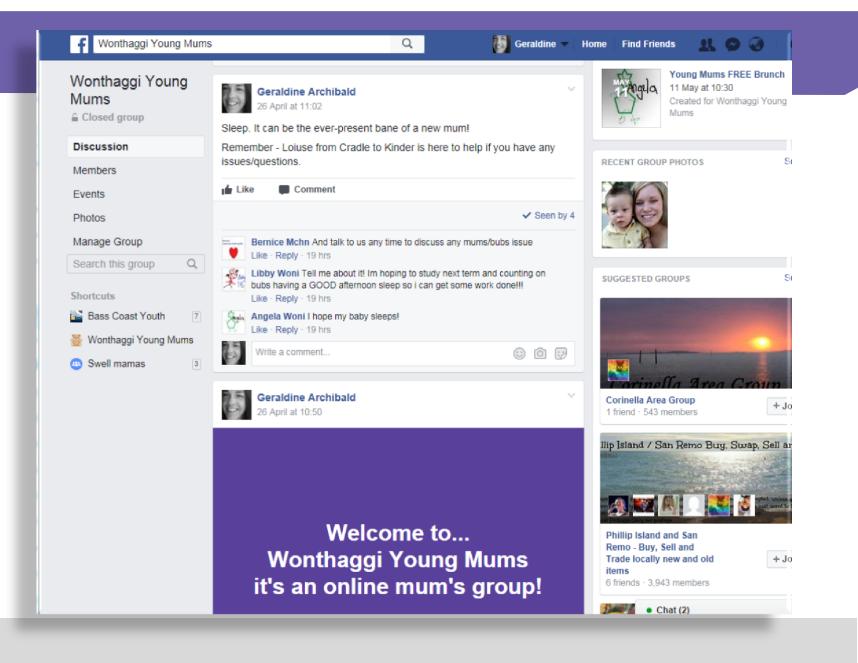
### Design Teams



### **Local Area Solutions**

Local Area	Problem	Opportunity	Solution
Bass Coast	Young mums and their babies are more at risk of experiencing socioeconomic disadvantage and disconnection from their community.	How might we ensure young women and their babies are empowered to thrive in their first 1000 days?	<ul> <li>Online Young Mum's Group using Facebook</li> <li>Connects: young mums / community support services to opportunities – enrich lives</li> <li>Destigmatises / celebrates the journey</li> </ul>
Baw Baw	Not all children in Baw Baw thrive in their first 1000 days, especially those impacted by family violence	How might we support all children to thrive in their First 1000 days?	Welcoming, visible and accessible BawBawKids Mobile Phone App connected to townships full of Family Friendly Places
Latrobe	<ul> <li>There are two key issues affecting the first 1000 days Aboriginal children in our community. The two issues are:</li> <li>Domestic violence</li> <li>Disconnection from culture</li> </ul>	How might we provide families with the support they need to overcome trauma and connect them to culture so that they can care for their children, so together they can thrive?	<ul> <li>The Journey is made up of four components;</li> <li>Support through pregnancy</li> <li>Family Tree</li> <li>Welcome Boorai to Country</li> <li>Connecting Elders to Boorai</li> </ul>
South Gippsland	There is a lack of understanding or knowledge of relevant support services for families in Korumburra	How might we ensure all families in Korumburra feel welcomed and are confident in their neighbourhood and community?	The 'Hop about, Jump about, Learn about Burra' resource both digital and hardcopy format with the use of QR codes linked to a range of essential services and programs.

### Local solutions





### Icons for Baw Baw Family Friendly Places



Our place is family friendly for you and your children



Our place offers you a **change table** and an area of privacy for you to change your little one



Our place **welcomes families with prams**, we actively provide you space needed in our place



At our place you can access and **download the BawBawKids** App



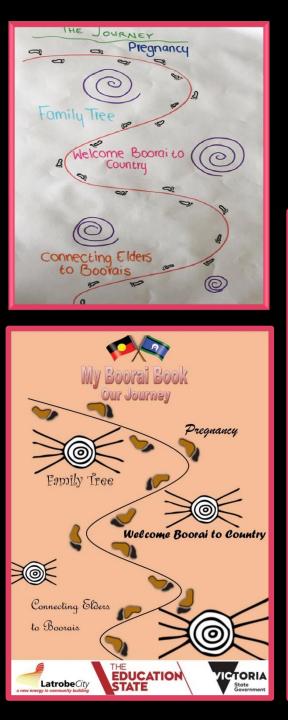
Our place has available **resources and supports** that you can access for you and/or your child



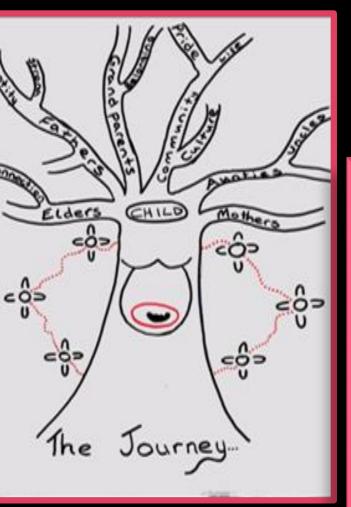
Our place has **useful information** for you and your child in those early years



Our place has an area where you are welcome to come and sit to **feed your child in comfort** 



## Family Tree





### Korrumburra

- The 'Hop about, Jump about, Learn about Burra' resource!
- An interactive guide for children and families living in Korrumburra and district.
- The notion of belonging and connection to the town will be promoted.
- Families who feel welcome and are confident in their neighbourhood and community are more likely to access universal services.



### First 1000 days Symposium

### First 1000 Days Symposium

### what outcomes do we want from the forum

- Raise awareness of the possibilities for the First 1000 days improved outcomes
- ✓ Political recognition
- ✓ Collective Actions agreed
- ✓ Broader theoretical knowledge
- $\checkmark$  Detailed understanding of the importance of first 1000 days
- ✓ Commitment to strategies
- ✓ Upward influence
- ✓ Pledge or commitment from all forum participants

### Key messages for the forum to cover

- ✓ Overview of the project
- ✓ Celebration of the teams projects
- ✓ The what's next
- $\checkmark$  Overview of the hotspots
- ✓ Economic modelling for investment in early years
- ✓ Map the developmental milestones
- ✓ Critical inputs and protective factors

## First 1000 Days Symposium who do we want to ensure we invite

- Mayor/Councillors
- Departmental Executives
- CEO of Service providers
- Key personal from Health and Hospitals
- Media
- Families
- Commissioner for Children
- Commissioner for Aboriginal Children
- Sect of Departments
- Gippsland Regional Partnerships
- Aboriginal Community

#### Businesses

- Mirboo North Community Foundation
- Bank Australia
- Business Groups
- Committee for Gippsland
- University
- Educators
- Early Years Service deliverers
- Faith Communities
- CYAP leaders
- Vulnerable Children's Reform Unit
- MAV

#### ACTION

All CYAP leaders to personally invite 1-2 people from community, agency, business, families to the First 1000 days Symposium

### Commitment



How might we enable our parents to provide the thriving environment they want for their children in the first 1000 days?

What idea do you support?	
What is good What could about this idea? help this idea?	Together, we can do more than shine a spotlight on the importance of the early years of life. We can commit to action. It's possible to make a big difference, to set our community up for success
	Your Contact Details
	Name
	Email
low might you support this idea?	Phone
	Keep informed www.areapartnerships.vic.gov.au Rowena Cann 0429 368 397
	CHILDREN AND YOUTH

### System change - Learning by doing

- At the start I thought I knew all about the problem, but after meeting those who are living through the issues everyday this has changed.
- It empowers everyone and gives strength to decision making.
- What was important was finding out how the community are affected by the problem.
- I now feel like a leader within my community.
- Working with other strong women in our community was a really positive aspect. Each day we had time to reflect, as a group. Everyone had a different reflection.
- A much better way to work with the community to improve services gaining greater insight to the barriers to participation and finding solutions that suit the community.
- I am wondering still what the problem is....it has made me talk to more people outside the scope of the project to see if I can find out any further information on what the problem might be.
- I have much of a broader view, understand the local context and the user experience.
- I see that all families need support, not just the ones who experience vulnerability.
- The problem in our community is much worse than I thought the stories from community members about how they're affected by the problem are heart wrenching.
- I loved the first day and while at times uncomfortable the challenge of the pace was also good learning. I met some great people and I enjoyed how supportive
  and encouraging everyone was of one another. Seeing my team involved in something that took them out of their comfort zone and allowed them to grow and
  develop personally and professionally.

### Next time?

### More 'scaffolding'

- allowing conversations and diversity
- support between sessions
- supporting services to respond to feedback

Session on presentations and public speaking skill development

### 'The evidence sings with diversity and collaboration'

**Evidence for impact:** International and local perspectives on improving outcomes for children and young people.

A ONE DAY SYMPOSIUM

### **Bec Fry**

Manager, Service Systems Innovation, Centre for Community Child Health, Murdoch Children's Research Institute

Data for improvement

#evidence4impact





#### Centre for Community Child Health



### Best Start: Driving improvement in place

Evidence for impact symposium

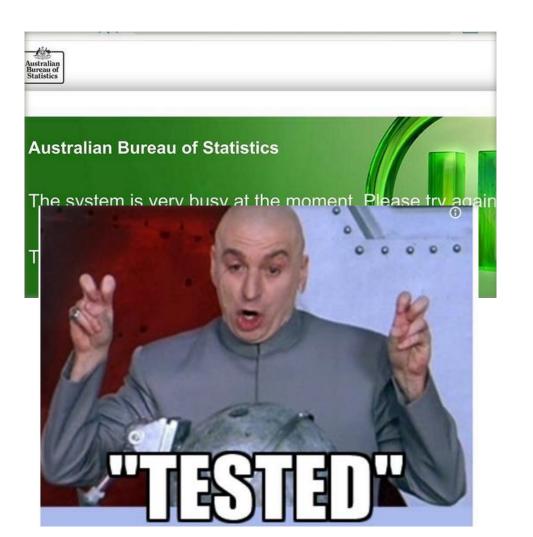
Rebecca Fry, Service Systems Innovation Manager Centre for Community Child Health



### What is improvement science?

An approach to increasing knowledge that leads to an improvement of a product, process or system.

Moen, Nolan & Provost (2012)





Actually, there's nothing wrong with me. But by the time I see a doctor, there probably will be.

#### Best Start, Victoria

- Early years, place-based initiative
- Comprises a local partnership and facilitator
- 30 locations
- Focused on boosting vulnerable and Aboriginal children's participation in services such as preschool and MCH





Education and Training



The problems facing vulnerable children, families and communities are complex and not easily solved

## Place based initiatives often get stuck...

- Working on too many complex problems and ideas at once
- Pursuing many small projects that have little collective impact
- Developing a clear and explicit theory
- Establishing a learning rhythm
- Using measurement for accountability and learning
- Focusing on practice/programs without attention to scale
- Neglecting the human and technical aspects of effective change

(Adapted from Inkelas, 2013)

## **Best Start refresh**

- Revised program focus on a smaller number of Best Start outcomes.
- Shift to an improvement paradigm
- Investment in 12 months of comprehensive training and support
  - 7 modules
  - Handbook
- Development of a data portal to enable measurement and reporting



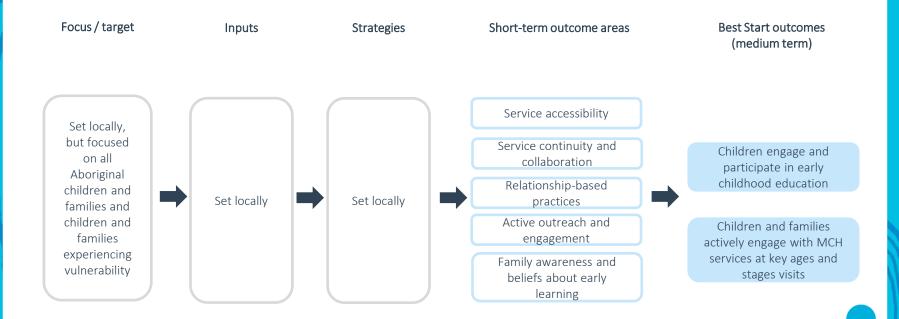
# Shifting to an improvement paradigm

Key principles:

- 1) Clear shared goals
- 2) Sensitive measures to track progress
- 3) Deep understanding of problems and barriers that impede success
- 4) Innovation, grounded in explicit theory
- 5) Mechanisms for comparing innovation and systematically testing
- 6) Participatory
- 7) Attention to the human element of change

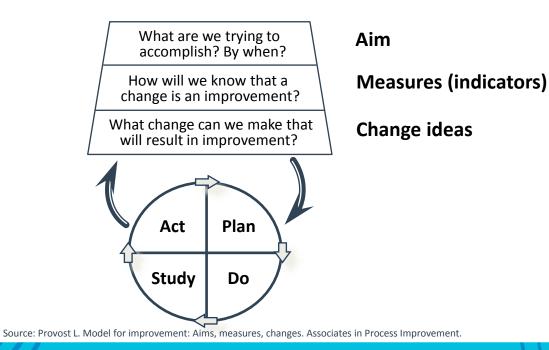
Adapted from Christie, Lemire & Inkelas (2017)



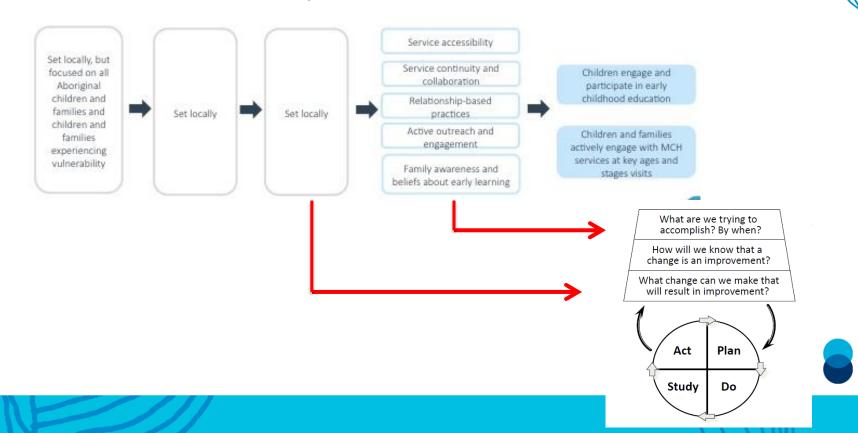


#### Clear, shared goals...

#### The Model for Improvement



#### ...linked to the theory



#### Fostering innovation through change ideas

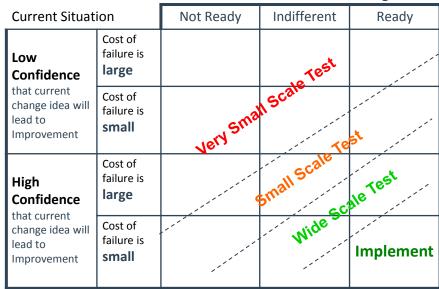
What are we trying to accomplish? By when?

How will we know that a change is an improvement?

What change can we make that will result in improvement?

#### **Testing ideas**

Test small at the outset, when we know less, which makes it easier to see cause and effect



#### Readiness to Make the Change



Source: The Improvement Guide, Langley et al. 2009

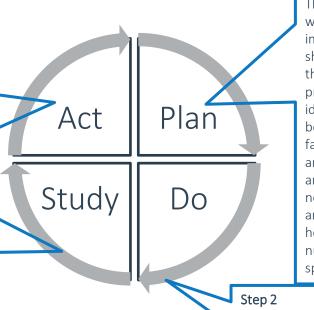
## Example: Visit immunisation sessions to identify families who have missed MCH visits

#### Step 4

The staff find that most families had already booked in for their appointment, but it was a useful relationship building exercise. They decide to test the idea again, but to incorporate more playgroup activities to engage children and families and invite the playgroup officer along.

#### Step 3

At the end of the two sessions, staff reflect on the results. They found families who openly engaged in the conversations had a very positive response. Some families did not engage in the conversation, which led to 1 MCH nurses starting the impromptu story telling session.

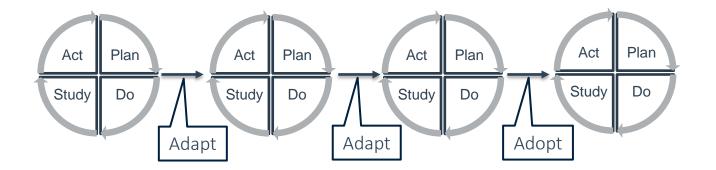


#### Step 1

Three MCH nurses engage families while they wait for children's immunisations and explain why they should book in for a visit. They will do this at 2 different sessions. They predict this will lead to the identification and booking of families because there are a large number of families who attend immunisations and they are required to wait before and after. They plan to measure this by noting how many people they speak to are up to date with immunisations, how many have missed visits and the number who make a booking on the spot.

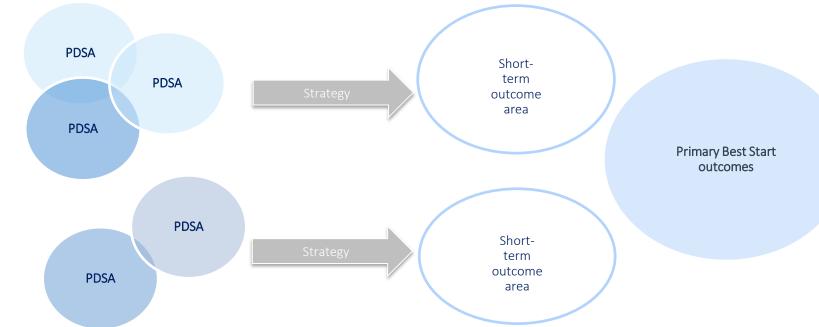
The staff carry out the plan but find it hard to keep track of all of the planned data. An impromptu playgroup session was started to engage more families.

## Building confidence (and evidence) through action learning



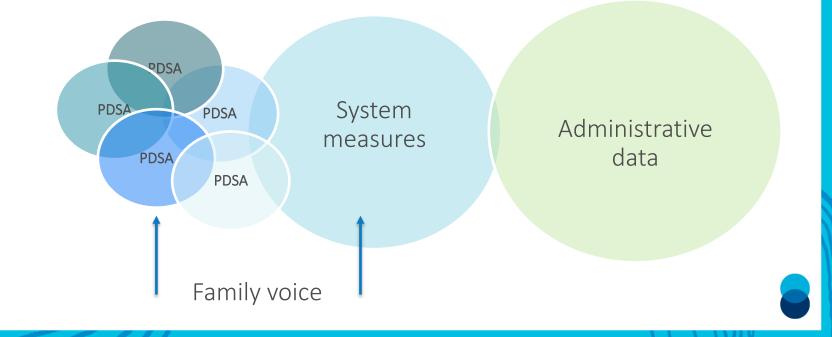
Adapted from Associates in Process Improvement

#### The role of Plan-Do-Study-Act cycles in Best Start



PDSA cycles will test small actions, that when combined will comprise a strategy, and will contribute to attainment of short-term and Best Start outcomes

## Sensitive measures to track progress

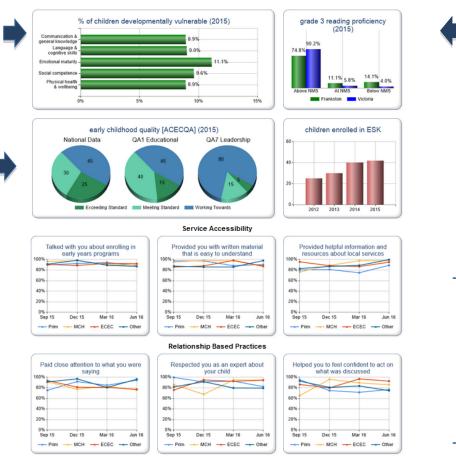


#### Organising data to promote understanding

Population outcomes: Children's developmental progress at school entry

#### Quality of ECEC





Population outcomes: Children's 3<sup>rd</sup> grade reading proficiency

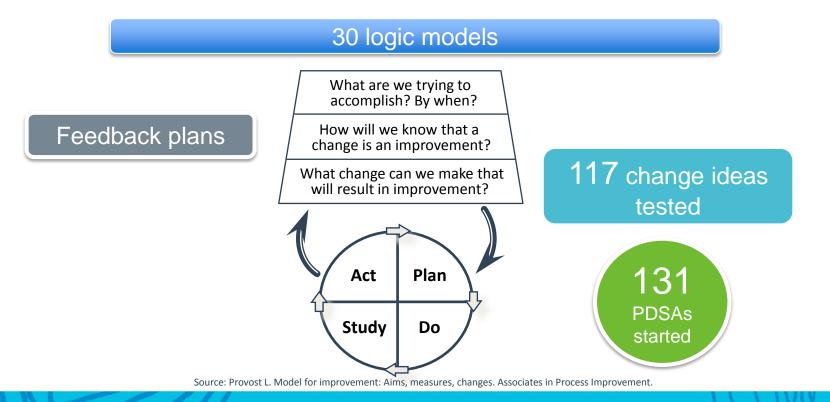
Primary outcomes: Kindergarten participation

Service system change

#### What can it look like in a community?



#### Where are we at?



#### **Our reflections**

#### Implementation lessons

- Real benefits of keeping PDSA cycles short, targeted and with small numbers
- Importance of relationships to get partners on board and committed
- Need to create a safe space for learning
- Big shift from traditional views of measurement

#### **Practice lessons**

 Promising practices are emerging e.g. using central kinder registration systems to identify and engage families, systematically following up MCH DNAs, attending immunisations sessions to identify families

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